

# Emergency Preparedness

**As a result of participating in this segment of training, you will be able to:**

1. Distinguish proper response to emergent medical issues
2. Illustrate 5 fire prevention steps
3. Indicate up to 10 ways to prevent falls
4. Mime the proper use of a fire extinguisher using the P.A.S.S. acronym
5. Predict appropriate fire response i.e., when to “put out the fire or get out?”
6. Indicate 4 appropriate questions to ask following a disaster to discern next steps
7. Describe at least 3 strategies when responding to an earthquake
8. Explain what constitutes a missing person when that person has a developmental disability
9. Express typical, key steps for reporting a missing person with a developmental disability (regardless of agency protocol)
10. Generalize how to locate emergency disaster supplies
11. Memorize “The Four Ps:” Prepare, Plan, Practice, Perform to minimize the impact of an environmental emergency and maximize the response
12. Recall at least two elements of each of “The Four Ps:” Prepare, Plan, Practice, Perform
13. Give 2 examples for how to prevent and/or respond to drowning in both bathing and recreational activities
14. Judge up to 2 effective methods of handling poisons and cleaning supplies
15. Describe 2 of the 6 principles basic to risk management
16. Identify personal responsibilities related to risk management in the role of a direct support professional
17. Give examples of at least 5 practices that can reduce the risk of injury to both staff and supported individuals
18. Restate when to involve law enforcement in the case of an emergency



# PREPARE PLAN PRACTICE PERFORM

All potentially poisonous products found in the home must be:

1. Stored in their original containers
2. Kept separate from food items
3. Inaccessible to people who may not fully understand the level of danger and to prevent them from eating, drinking or getting poisons on their skin or in their eyes

Poison  
Control



Phone Number:

**1**

Anticipate risk and prevent from happening

**2**

Create and maintain safe environments

**3**

Communication is a key to prevention

**4**

Report and document incidents in a timely and accurate manner

**5**

Identify, assess and plan for potential risks and occurrences

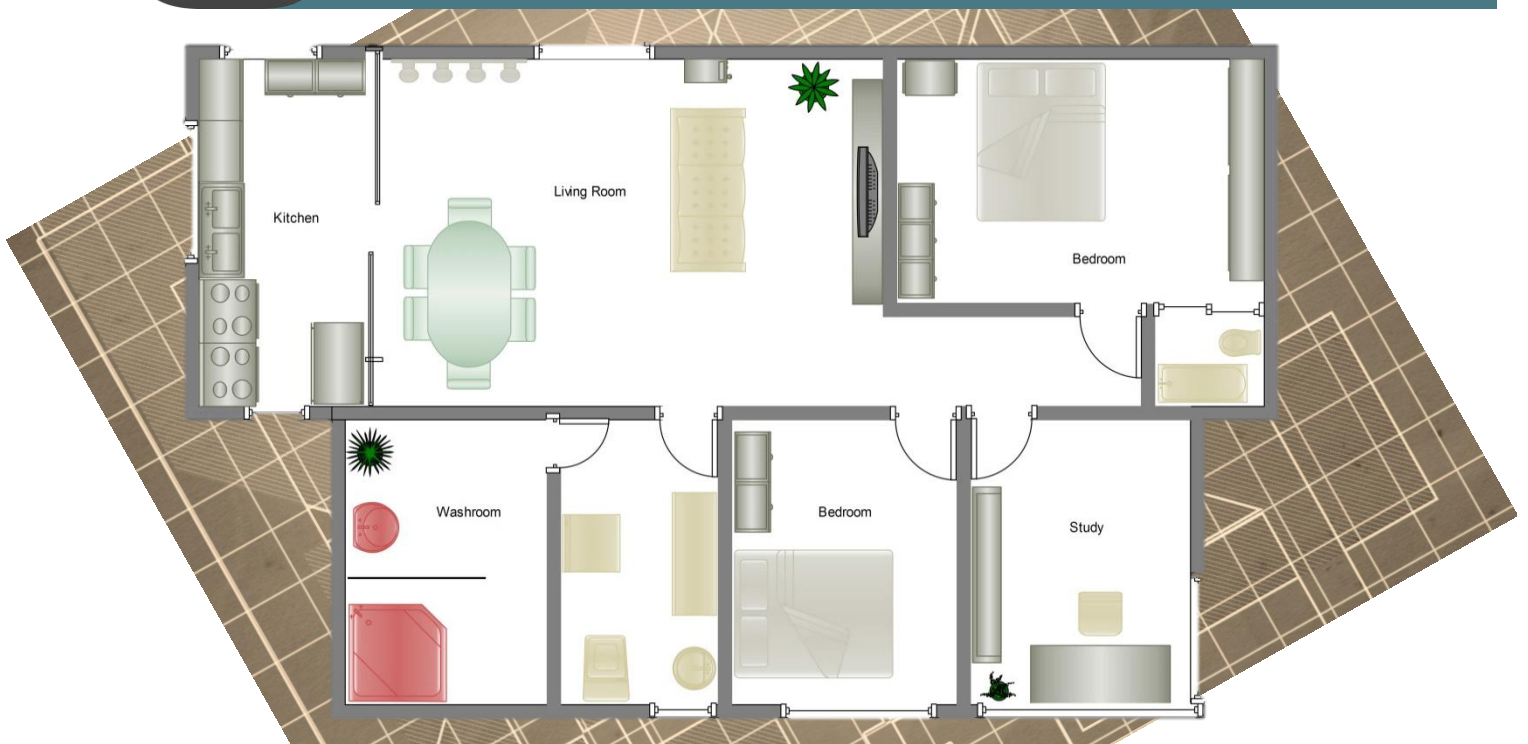
**6**

Be responsible for safety

**RISK  
man-  
age-  
ment**



**P.** Pull out the pin  
**A.** Aim at the base of the fire  
**S.** Squeeze the lever slowly  
**S.** Sweep from side to side



**Write the number of each item in the area it should be located in the floor plan above**

- |   |  |
|---|--|
| 1. Fire extinguisher  | 11. Currently prescribed medications on hand   |
| 2. Smoke detector   | 12. Emergency information  |
| 3. First Aid kit and First Aid book   | 13. State medical or other insurance card  |
| 4. Flash light and extra batteries  | 14. Other personal and health-related information in a readily accessible form                         |
| 5. Battery powered radio  | 15. A change of rain gear and sturdy shoes   |
| 6. A current posted Disaster Plan, with information about relocation, Poison Control, and physician names and telephone numbers | 16. Any needed adaptive equipment or assistive device (for example, wheelchair, extra pair of glasses) |
| 7. Emergency supply of food and water   | 17. Wind up or battery powered clock   |
| 8. Disaster Kits  | 18. Whistle  |
| 9. List of current medications and prescribing physician  | 19. Can opener   |
| 10. Currently prescribed medication on hand   | 20. Cash   |

My notes